

23rd ANNUAL CONCHMAN TRIATHLON
 Saturday 7th November, 2009

OVERALL INDIVIDUAL RESULTS

Place	NO.	NAME	CITY	ST	AGE	S	SWIM	SWIM	BIKE	BIKE	BIKE	Run	RUN	RUN
							Cum	Cum	Splt	Split	Cum	Cum	Spt	Splt
							Plc	Time	Plc	Time	Plc	Time	Plc	Time
1	147	Stefan Larsen	South Lake Tah	CA	39	M	3	12:41	1	37:47	1	50:28	1	1:10:18
2	69	Mark Davies	Nassau	NP	49	M	7	13:48	2	39:36	2	53:24	10	1:16:41
3	89	Simon Lowe	Nassau	NP	26	M	12	14:57	4	41:33	5	56:30	2	1:17:32
4	144	Marc Rutishauer	Nassau	NP	30	M	8	14:15	3	41:19	3	55:34	5	1:18:39
5	49	Vanja Sikirica	Princeton	NJ	29	M	4	13:00	8	43:26	4	56:26	11	1:19:45
6	119	James Nottage	Nassau	NP	39	M	17	15:41	5	41:44	8	57:25	6	1:20:32
7	105	Sean Farrington	Nassau	NP	39	M	11	14:36	6	42:00	6	56:36	14	1:21:16
8	111	Adam Issac	Nassau	NP	39	M	2	12:38	10	45:53	9	58:31	9	1:21:46
9	143	Mario Carey	Nassau	NP	50	M	9	14:24	7	42:56	7	57:20	15	1:22:17
10	93	Dale Winner	Nassau	NP	44	M	13	14:58	9	44:28	10	59:26	12	1:22:50
11	129	Jason McCarroll	Nassau	NP	43	M	16	15:29	11	46:12	11	1:01:41	3	1:24:03
12	131	Harry Winner	Nassau	NP	25	M	10	14:32	20	50:08	13	1:04:40	13	1:29:04
13	81	Kadesha Culmer	Freeport	GB	17	F	5	13:31	18	49:04	12	1:02:35	20	1:29:45
14	1	Jim Allan	Nassau	NP	42	M	23	18:48	12	46:16	15	1:05:04	16	1:30:19
15	87	Gregory Lowe	Nassau	GB	55	M	34	20:10	14	47:14	17	1:07:24	4	1:30:26
16	117	Massimo Liusso	Nassau	NP	38	M	43	21:19	19	49:59	22	1:11:18	8	1:34:32
17	115	Ryan Knowles	Nassau	NP	28	M	18	16:55	16	47:58	14	1:04:53	34	1:35:01
18	85	Michael Taylor	Freeport	GB	27	M	33	20:01	15	47:46	18	1:07:47	23	1:35:37
19	135	Jonathan Holsten	Freeport	GB	37	M	29	19:37	13	46:22	16	1:05:59	33	1:35:58
20	159	Mark Rawlings	Freeport	GB	21	M	25	18:53	26	55:29	27	1:14:22	7	1:37:30
21	3	Vicki Stafford	Freeport	GB	43	F	32	19:51	17	48:56	19	1:08:47	27	1:37:57
22	155	John Silvera	Freeport	GB	13	M	14	15:10	29	57:00	23	1:12:10	22	1:39:46
23	63	Lisa De Lusignan	Freeport	GB	46	F	26	18:58	28	56:17	28	1:15:15	17	1:40:35
24	59	Michael Toledo	Tampa	FL	47	M	28	19:16	21	50:19	20	1:09:35	38	1:40:58
25	83	Chris Baker	Freeport	GB	63	M	50	21:54	22	51:32	25	1:13:26	24	1:41:43
26	127	Michael McIntosh	Freeport	GB	20	M	1	12:34	31	57:52	21	1:10:26	41	1:42:16
27	141	Jacob Warren	Freeport	GB	11	M	21	17:46	36	58:34	31	1:16:20	18	1:42:32
28	77	John Doherty	Freeport	GB	34	M	20	17:42	35	58:28	29	1:16:10	19	1:42:34
29	153	Andrew Hindley	Freeport	GB	13	M	19	17:40	27	56:11	26	1:13:51	46	1:48:04
30	91	Richard Wade	Canton	GA	41	M	27	19:03	37	1:00:16	36	1:19:19	28	1:48:35
31	29	Elizabeth Risch	Savannah	GA	42	F	37	20:38	32	57:54	34	1:18:32	36	1:49:31
32	57	Rick A Smith	Land O Lakes	FL	51	M	49	21:44	34	58:24	37	1:20:08	31	1:49:53
33	31	Robert Risch	Savannah	GA	43	M	22	18:20	25	54:10	24	1:12:30	55	1:49:59
34	145	Kristen Welsh	Westford	MA	30	F	39	21:14	33	58:00	35	1:19:14	40	1:50:49
35	99	John B Mayer	Ft Lauderdale	FL	73	M	58	23:44	23	52:34	30	1:16:18	47	1:50:52
36	123	Tara Doherty	Freeport	GB	32	F	31	19:43	44	1:03:32	39	1:23:15	25	1:51:53
37	19	Gareth Higgs	Freeport	GB	24	M	60	25:42	24	52:35	32	1:18:17	48	1:52:55
38	205	Kent Ward	Freeport	GB	20	M	15	15:13	42	1:03:07	33	1:18:20	51	1:54:39
39	79	Robert Rothwell	Nassau	NP	32	M	62	27:25	30	57:40	44	1:25:05	29	1:54:44
40	149	Rachel Bandelin	Freeport	GB	33	F	6	13:46	50	1:11:54	45	1:25:40	26	1:54:48
41	37	Monique Danziger	Washington	DC	30	F	55	23:02	39	1:01:51	43	1:24:53	39	1:56:16
42	67	Alex Cafferata	Freeport	GB	32	F	30	19:39	40	1:02:07	38	1:21:46	50	1:57:44
43	75	Allison LaFrenier	Freeport	GB	43	F	54	23:00	38	1:01:02	41	1:24:02	45	1:58:02
44	17	Laurie Tuchel	Freeport	GB	51	F	57	23:20	45	1:04:29	47	1:27:49	35	1:58:13
45	33	Christine Bonaventur	Freeport	GB	46	F	53	22:44	46	1:05:02	46	1:27:46	42	1:59:53

